

## Trinity Thoughts

Chaotic thinking is still to be found with the high minds of our theologians, those who seek to bring order to our faith for us this Trinity!

On June 7<sup>th</sup> this year, we celebrate Trinity Sunday. Theologians have tried for many centuries to dissect, unravel and examine the concept of the Trinity, God is three persons within one God.

But still today, the Trinity remains a glorious mystery, fully known only to the Trinity itself!

To accept God as three persons within one Being, is still at the very heart of our Christian faith.

Many people have tried to make analogies about the Trinity to ensure that it is more easily understood:  
the dimensions of water, ice and gas;  
a tree with trunk, branches and fruit,  
and countless others.

But in the end, the Trinity itself remains a mystery and one which we can never fully understand until we see God face to face in heaven!

Mysteries do not always have to be solved either.

Sometimes it is wonderful to let God surprise us with insights and glimpses which we can build on in our walk with Him.

I do not usually stop and take notice of brightly coloured posters outside church with 'thought provoking' messages, often using a play on words on them. But this one did.

It was on a tasteful, cream background and it read;

Yesterday is history,  
tomorrow is mystery,  
but today is a gift from God.  
It is his *present*.

If time is a gift from God as each day is, then we should not squander it. That does not mean we must always be busy, but moments of reflection, meditation or prayer

must be part of our day,  
just as much as chores, work and relaxation must be too.

Think of a long sentence or a paragraph without punctuation.  
It becomes senseless after a while,  
difficult to read and with no points to rest,  
and it becomes difficult to finish without taking a breath and restarting.

Our day is like that, and the punctuation and grammar are our moments  
with God, or with ourselves, or in stillness and silence or resting.

In the same way, if you look back over your lives too,  
you will always find times of activity, of rest, of love, of tension,  
of grieving or crisis  
and of a growth of experience.

Weaving through all of those times is our faith, the love of the Father,  
the power of His Son and the strength and wisdom of the Spirit,  
punctuating our lives, to give sense and meaning to them.

Time uses our emotions, our energy and our resting.

We need all three to be whole beings and to function.

The present moment is a sacrament if it is given to God too.

If God is Trinitarian, then we, created in his image, have that dimension  
to us too and our time is precious and should never be abused.

As summer approaches and the days get warmer, we can easily be taken  
up with the beauty of God's creation and allow God to punctuate our days  
with his love and grace and very presence with us.

Even on the gloomy days, if we look closely at God's blessings to us and  
around us, and feel his love surround us like a warm cloak  
we can sink into,  
we can celebrate the mystery of the Trinity,  
maybe as yet from afar,  
but then finally, in a place where space and time do not exist,  
  
we will come before God in joy and love and knowledge.

Amen