

**St.Mary's Church, Eastham**



**Celtic Morning Prayer**

Wednesday 29th July 2020

**Lord, hear my voice when I call to you.  
My heart has prompted me to seek your face;  
I seek it Lord;  
do not hide from me, alleluia.**

Have mercy on us, O God the Almighty.  
Jesus Christ Son of the Living God.  
O Rock of strength.  
O Cornerstone.  
O heavenly Sion.  
O Foundation of the faith.  
O innocent Lamb.  
O Crown.  
O Christ Crucified.  
O eternal judge, have mercy on us.

**Lord, be with us this day,  
Within us to purify us;  
Above us to draw us up;  
Beneath us to sustain us;  
Before us to lead us;  
Behind us to sustain us;  
Around us to protect us.**

O Lord, open our lips:  
**And our mouth shall proclaim your praise.**

**Glory to the Father and to the Son  
And to the Holy Spirit;  
As it was in the beginning, is now,  
And shall be for ever.  
Amen.**

*A Psalm: **Psalm 122:1-22** (NLT)*

- <sup>1</sup> LORD, hear my prayer!  
Listen to my plea!
- <sup>2</sup> Don't turn away from me  
in my time of distress.  
Bend down to listen,  
and answer me quickly when I call to you.
- <sup>3</sup> For my days disappear like smoke,  
and my bones burn like red-hot coals.
- <sup>4</sup> My heart is sick, withered like grass,  
and I have lost my appetite.
- <sup>5</sup> Because of my groaning,  
I am reduced to skin and bones.
- <sup>6</sup> I am like an owl in the desert,  
like a little owl in a far-off wilderness.
- <sup>7</sup> I lie awake,  
lonely as a solitary bird on the roof.
- <sup>8</sup> My enemies taunt me day after day.  
They mock and curse me.
- <sup>9</sup> I eat ashes for food.  
My tears run down into my drink
- <sup>10</sup> because of your anger and wrath.  
For you have picked me up and thrown me out.
- <sup>11</sup> My life passes as swiftly as the evening shadows.  
I am withering away like grass.
- <sup>12</sup> But you, O LORD, will sit on your throne forever.  
Your fame will endure to every generation.
- <sup>13</sup> You will arise and have mercy on Jerusalem<sup>[a]</sup>—  
and now is the time to pity her,  
now is the time you promised to help.
- <sup>14</sup> For your people love every stone in her walls  
and cherish even the dust in her streets.
- <sup>15</sup> Then the nations will tremble before the LORD.  
The kings of the earth will tremble before his glory.
- <sup>16</sup> For the LORD will rebuild Jerusalem.  
He will appear in his glory.
- <sup>17</sup> He will listen to the prayers of the destitute.  
He will not reject their pleas.
- <sup>18</sup> Let this be recorded for future generations,  
so that a people not yet born will praise the LORD.

*St. Patrick*

<sup>19</sup> Tell them the LORD looked down  
from his heavenly sanctuary.  
He looked down to earth from heaven  
<sup>20</sup> to hear the groans of the prisoners,  
to release those condemned to die.  
<sup>21</sup> And so the LORD's fame will be celebrated in Zion,  
his praises in Jerusalem,  
<sup>22</sup> when multitudes gather together  
and kingdoms come to worship the LORD.

**O God, you are my God;  
Eagerly I seek you, my soul is athirst for you.**

*A Cantic: Zephaniah 3:8-13 (NLT)*

<sup>8</sup> Therefore, be patient," says the LORD.  
"Soon I will stand and accuse these evil nations.  
For I have decided to gather the kingdoms of the earth  
and pour out my fiercest anger and fury on them.  
All the earth will be devoured  
by the fire of my jealousy.  
<sup>9</sup> "Then I will purify the speech of all people,  
so that everyone can worship the LORD together.  
<sup>10</sup> My scattered people who live beyond the rivers of Ethiopia<sup>a</sup>  
will come to present their offerings.  
<sup>11</sup> On that day you will no longer need to be ashamed,  
for you will no longer be rebels against me.  
I will remove all proud and arrogant people from among you.  
There will be no more haughtiness on my holy mountain.  
<sup>12</sup> Those who are left will be the lowly and humble,  
for it is they who trust in the name of the LORD.  
<sup>13</sup> The remnant of Israel will do no wrong;  
they will never tell lies or deceive one another.  
They will eat and sleep in safety,  
and no one will make them afraid."

*A Gospel reading: John 14:23-29 (NLT)*

<sup>23</sup> Jesus replied, "All who love me will do what I say. My Father will love them, and we will come and make our home with each of them. <sup>24</sup> Anyone who doesn't love me will not obey me. And remember, my words are not my own. What I am telling you is from the Father who sent me. <sup>25</sup> I am telling you these things now while I am still with you. <sup>26</sup> But when the Father sends the Advocate as my representative—that is, the Holy Spirit—he will teach you everything and will remind you of everything I have told you.

<sup>27</sup> "I am leaving you with a gift—peace of mind and heart. And the peace I give is a gift the world cannot give. So don't be troubled or afraid. <sup>28</sup> Remember what I told you: I am going away, but I will come back to you again. If you really loved me, you would be happy that I am going to the Father, who is greater than I am. <sup>29</sup> I have told you these things before they happen so that when they do happen, you will believe.

A SHORT REFLECTION

*(A short time of silence for personal reflection)*

*A Time of Prayer*

*The Lord's Prayer*

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come; thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

God our Creator,  
today you bring us to a new stage of our journey to you;  
May the presences of your  
Son guide us,  
the love of your Spirit enlighten us,  
until we come at last to you,  
God blessed for ever and ever.  
Amen.

Let us bless the Lord.

**Thanks be to God.**

May the souls of the faithful departed through the mercy of God,  
rest in peace,

**And rise in Glory.**

May the Divine assistance remain with us always,

**And with our absent sisters and brothers.**

**Amen.**

