

## A Service of Holy Communion Advent and Lent

### *Processional hymn*

The Lord be with you **and also with you.**

### *Prayer of Preparation*

**Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord. Amen.**

### *Prayers of Penitence*

The Summary of the Law:

Our Lord Jesus Christ said: The first commandment is this: 'Hear, O Israel, the Lord our God is the only Lord. You shall love the Lord Your God with all your Heart, with all your soul, with all your mind, and with all your strength.' The second is this: 'Love your neighbor as yourself.' There is no other commandment greater than these.

**Amen. Lord, have mercy.**

Lord, have mercy,  
**Lord, have mercy.**  
Christ, have mercy,  
**Christ have mercy.**  
Lord, have mercy,  
**Lord, have mercy.**

When the Lord comes, he will bring to light the things now hidden in darkness, and will disclose the purposes of the heart. Therefore in the light of Christ let us confess our sins....

### *Confession*

**Most merciful God,  
Father of Lord Jesus Christ,,  
We confess that we have sinned  
in thought, word and deed.  
We have not loved you with our whole heart.  
We have not loved our neighbors as ourselves.  
In your mercy forgive what we have been,  
help us to amend what we are,  
and direct what we shall be;  
That we may do justly, love mercy,  
and walk humbly with you our God. Amen**

Almighty God,  
who forgives all who truly repent,  
have mercy upon *you*,  
pardon and deliver *you* from all *your* sins,  
confirm and strengthen *you* in all goodness,  
and keep *you* in life eternal;  
through Jesus Christ our Lord.  
**Amen.**

### ***The Collect of the day***

### ***The liturgy of the Word***

#### ***Epistle reading***

*At the end the reader says:*

This is the word of the Lord.  
**Thanks be to God.**

#### ***Gradual hymn***

#### ***Gospel reading***

When the Gospel is announced the reader says:  
Alleluia, alleluia. Prepare the way of the Lord, make his paths straight, and all flesh shall see the salvation of God. Hear the Gospel of our Lord Jesus Christ according to .....

**Glory to you, O Lord.**

*At the end:*

This is the Gospel of the Lord.  
**Praise to you, O Christ.**

#### ***Sermon***

## ***The Nicene Creed***

**WE BELIEVE in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is,  
seen and unseen.**

**We believe in one Lord,  
Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.**

**For us and for our salvation  
he came down from heaven:  
was incarnate from the Holy Spirit  
and the Virgin Mary,  
and was made man.**

**For our sake he was crucified  
under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.**

**He will come again in glory to  
judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father  
and the Son.  
Who with the Father and the Son  
is worshiped and glorified,  
who has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for  
the forgiveness of sins.  
We look for the resurrection  
of the dead,  
and the life of the world to come.  
Amen.**

## ***Prayers of Intercession***

These responses may be used:

Lord, in your mercy  
**hear our prayer.**

And at the end:

Merciful Father,  
**accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ.  
Amen.**

## ***The Liturgy of the Sacrament.***

### ***The Peace***

Blessed is the King who comes in the name of the Lord. Peace in heaven and glory in the highest. The peace of the Lord be always with you **and also with you.**

Let us offer one another a sign of peace.

### ***Offertory hymn***

### ***Preparation of the Table***

Taking of the Bread and Wine

*The gifts of the people may be gathered and presented. The table is prepared and bread and wine are placed upon it. The president takes the bread and wine.*

**Yours, Lord, is the greatness, the power, the glory, the splendour and the majesty. For everything in heaven and on earth is yours.**

**All things come from you, and of your own do we give you. Amen.**

### ***The Eucharistic Prayer***

The Lord is here.

**His Spirit is with us.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

It is indeed right,  
it is our duty and our joy,  
at all times and in all places

to give you thanks and praise,  
holy Father, heavenly King,  
almighty and eternal God,  
through Jesus Christ our Lord.  
For he is our great high priest,  
who has loosed us from our sins  
and has made us to be a royal priesthood to you,  
our God and Father.

Therefore with The Blessed Virgin Mary, angels and archangels,  
St Mary, St Peter and with all the company of heaven,  
we proclaim your great and glorious name,  
for ever praising you and *saying*:

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of  
your glory.  
Hosanna in the highest.  
Blessed is he who comes in  
the name of the Lord.  
Hosanna in the highest.**

All glory be to you, our heavenly Father,  
who, in your tender mercy,  
gave your only Son our Saviour Jesus Christ  
to suffer death upon the cross for our redemption;  
who made there by his one oblation of himself once offered  
a full, perfect and sufficient sacrifice, oblation and satisfaction  
for the sins of the whole world;  
he instituted, and in his holy gospel commanded us to continue,  
a perpetual memory of his precious death until he comes again.

Hear us, merciful Father, we humbly pray,  
and grant that, by the power of your Holy Spirit,  
we receiving these gifts of your creation, this bread and this wine,  
according to your Son our Saviour Jesus Christ's holy institution,  
in remembrance of his death and passion,  
may be partakers of his most blessed body and blood;

who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you;  
this is my blood of the new covenant,

which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.

Great is the mystery of faith:

**Christ has died:**

**Christ is risen:**

**Christ will come again.**

Therefore, Lord and heavenly Father,  
in remembrance of the precious death and passion,  
the mighty resurrection and glorious ascension  
of your dear Son Jesus Christ,  
we offer you through him this our sacrifice of praise  
and thanksgiving.

Grant that by his merits and death,  
and through faith in his blood,  
we and all your Church may receive forgiveness of our sins  
and all other benefits of his passion.  
Although we are unworthy, through our manifold sins,  
to offer you any sacrifice,  
yet we pray that you will accept this  
the duty and service that we owe.  
Do not weigh our merits, but pardon our offences,  
and fill us all who share in this holy communion  
with your grace and heavenly blessing;

through Jesus Christ our Lord,  
by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever.

**Amen.**

**Blessing and honour and glory and  
power be yours for ever and ever.**

**Amen**

## ***The Lord's Prayer***

**As our Saviour taught us, so we pray:**

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.**

**Give us today our daily  
bread.**

**Forgive us our sins  
as we forgive those who sin  
against us.**

**Lead us not into temptation  
but deliver us from evil.**

**For the kingdom, the power,  
and the glory are yours  
now and for ever. Amen.**

## **Breaking of the Bread**

*The president breaks the consecrated bread.*

Every time we eat this bread and drink this cup,

**All** we proclaim the Lord's death until he comes.

**Lamb of God, you take away the sin of the world,  
have mercy on us.**

**Lamb of God, you take away the sin of the world,  
mercy on us.**

**Lamb of God, you take away the sin of the world,  
grant us peace**

## ***Giving of Communion***

Draw near with faith.

Receive the body of our  
Lord Jesus Christ

which he gave for you,  
and his blood which he shed for you.

Eat and drink in remembrance that he died for you,  
and feed on him in your hearts  
by faith with thanksgiving.

**Most merciful Lord,  
your love compels us to come in.**

**Our hands were unclean,  
our hearts were unprepared;  
we were not fit even to eat**

the crumbs from under your table.  
But you Lord, are the God of our salvation,  
and share your bread with sinners.  
So cleanse and feed us with the  
precious body and blood of your son,  
that he may live in us and we in him;  
and that we, with the whole company of Christ,  
may sit and eat in your kingdom.  
Amen.

*After Communion the President will say the post-communion prayer.*

Father of all,  
We give you thanks and praise,  
That when we were still far off  
You met us in your Son  
and brought us home.  
Dying and living, he declared your love,  
Gave us grace and opened the gate of glory.  
May we who share Christ's  
Body love his risen life;  
We who drink his cup bring life to others;  
We whom the Spirit lights  
give light to the world.  
Keep us firm in the hope  
You have set before us,  
So we and all your children  
Shall be free,  
And the whole earth live  
To praise your name;  
Through Christ our Lord.  
Amen.

### ***The Dismissal***

#### ***Blessing***

Christ the Sun of Righteousness shine upon you,  
scatter the darkness from before your path,  
and make you ready to meet him when he comes in glory;  
and the blessing ...

#### ***Hymn***

As we await our coming Saviour, Go in the peace to love and serve the Lord. **In the Name of Christ. Amen.**