

**Holy Communion for Lent.**

The Lord be with you.

**And also with you.**

*Prayer of Preparation*

**Holy God, our lives are laid open before you;  
rescue us from the chaos of sin and through the death of your Son,  
bring us healing and make us whole,  
through Jesus Christ our Lord,  
Amen.**

*Prayers of Penitence*

*The Summary of the Law*

Our Lord Jesus Christ said;  
Love the Lord your God with all your heart, with all your mind,  
with all your soul and with all your strength; and love your neighbour as yourself.  
**Amen. Lord, have mercy.**

*The Kyries*

Lord have mercy

**Lord have mercy**

Christ have mercy

**Christ have mercy**

Lord have mercy

**Lord have mercy**

*The minister says the invitation to confession:*

Lord, you call us this Lent to open our hearts and minds  
to the light of your Spirit,  
Hear us now as we confess our own sins.

**God our Father, giver of light and grace,  
We have sinned against you and against our neighbour,  
in what we have thought, and in what we have said and done.  
We have wounded your love and marred your image in us.  
We are sorry and ashamed and repent of all our sins.  
For you Son, our Saviour Jesus Christ's sake,  
forgive us all that is past and lead us out of darkness  
to walk as children of your light. Amen**

Almighty God,  
who forgives all who truly repent,  
have mercy upon *you*,  
pardon and deliver *you* from all *your* sins,  
confirm and strengthen *you* in  
all goodness,  
and keep *you* in life eternal;  
through Jesus Christ our Lord.  
**Amen.**

### **The Collect**

#### ***The Liturgy of the Word***

#### **Readings**

*At the end the reader says:*

This is the word of the Lord.

**Thanks be to God.**

*When the Gospel is announced the reader says*

Hear the Gospel of our Lord Jesus Christ according to *N*.

**Glory to you, O Lord.**

This is the Gospel of the Lord.

**Praise to you, O Christ.**

*Sermon*

*The Creed*

**We believe in God Almighty, the Father,  
By whose plan, earth and heaven spring into being.**

**We believe in Jesus Christ, the only Son of God,  
God himself in human frame, virgin-born  
the child of Mary upon whom the Spirit came.**

**We believe in Jesus who was forsaken on the Cross.  
He was led like a lamb to the slaughter.  
He suffered under Pontius Pilate,  
And descended to the dead.**

**We believe in Jesus Christ, now risen as heaven's King to rule  
and reign at the Father's side, ascended until he comes again in glory and to judge.**

**We believe in God the Spirit and in one church, below, above.  
And in the saints of God in one communion of holiness and love**

**We believe by faith, that we will rise again in glory, with Christ our Saviour, Lord and King  
to the life that knows no end.**

**Amen.**

*Prayers of Intercession*

These responses may be used

Lord, in your mercy  
**hear our prayer.**

And at the end

Merciful Father,  
**accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ.  
Amen.**

*The Liturgy of the Sacrament.*

**The Peace**

*A suitable sentence will be used to introduce the peace*

The peace of the Lord be always with you  
**and also with you.**

Let us offer one another a sign of peace.[Preparation of the Table](#)

**Taking of the Bread and Wine**

The gifts of the people may be gathered and presented.  
The table is prepared and bread and wine are placed upon it.  
The president takes the bread and wine.

**Yours, Lord, is the greatness, the power, the glory,  
the splendour and the majesty. For everything in heaven and on earth is yours.  
All things come from you, and of your own do we give you. Amen.**

**The Eucharistic Prayer**

The Lord is here.  
**His Spirit is with us.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the  
Lord our God.  
**It is right to give thanks and** praise.

*The president praises God for his mighty  
acts and all respond*

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of  
your glory.**

**Hosanna in the highest.  
Blessed is he who comes in  
the name of the Lord.  
Hosanna in the highest.**

*The president recalls the Last Supper,  
and one of these four acclamations may  
be used*

Great is the mystery of faith:  
**Christ has died:  
Christ is risen:  
Christ will come again.**

Praise to you, Lord Jesus:  
**Dying you destroyed our death,  
rising you restored our life:  
Lord Jesus, come in glory.**

Christ is the bread of life:  
**When we eat this bread and drink this cup,  
we proclaim your death,  
Lord Jesus,  
until you come in glory.**

Jesus Christ is Lord:  
**Lord, by your cross and  
resurrection  
you have set us free.  
You are the Saviour  
of the world.**

*The Prayer continues and leads into the  
doxology, to which all respond boldly*  
**Amen.**

*The Lord's Prayer*  
As our Saviour taught us, so we pray

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily  
bread.  
Forgive us our sins  
as we forgive those who sin  
against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever. Amen.**

### **Breaking of the Bread**

*The president breaks the consecrated bread.*

Every time we eat this bread and  
drink this cup,  
**we proclaim the Lord's death until  
he comes.**

**Lamb of God,  
you take away the sin of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sin of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sin of the world,  
grant us peace.**

### **Giving of Communion**

Jesus is the Lamb of God who takes away the sins of the world  
**Lord, I am not worthy to receive you,  
Only say the word and I shall be healed.**

Draw near with faith.  
Receive the body of our  
Lord Jesus Christ  
which he gave for you,  
and his blood which he shed for you.  
Eat and drink in remembrance that he died for you,  
and feed on him in your hearts  
by faith with thanksgiving.

**Most merciful Lord,  
your love compels us to come in.  
Our hands were unclean,  
our hearts were unprepared;  
we were not fit even to eat the  
crumbs from under your table.  
But you, Lord, are the God  
of our salvation,  
and share your bread with sinners.  
So cleanse and feed us  
with the precious body and  
blood of your Son,  
that he may live in us**

**and we in him;  
and that we, with the whole company of Christ,  
may sit and eat in your kingdom.  
Amen.**

*On receiving the bread and wine each one should reply **Amen.***

*After Communion the President will say the post-communion prayer.*

**Father of all, God of our pilgrimage  
we give you thanks and praise,  
that when we were still far off  
you met us in your Son and brought us home.  
May we who share Christ's body live his risen life;  
we who drink his cup  
bring life to others;  
we whom the Spirit lights  
give light to the world.  
Refresh us and sustain us as we go forward on our journey with you,  
in the name of Jesus Christ, our Lord. Amen.**

**The Dismissal.**

**The Blessing.**

May the Father, whose glory fills the heavens  
Cleans you by his holiness  
And send you out to proclaim his word. **Amen.**  
May the Son, who is reigning in heaven  
Pour upon you the riches of his grace.  
**Amen.**

May the power of the Holy Spirit equip and strengthen you in your life and worship and may the blessing.....

Go in peace to love and serve the Lord.

**In the name of Christ, Amen.**